Your Kentucky Transitions Regional Transition Coordinator will:

- Provide you with information on Kentucky Transitions and what it can offer you;

- Help you understand your right to choose where you live and how you receive your services;

- Assist you in locating housing, and planning for transition;

- Assist you before, during and after transition to the community;

- Locate services and providers; and,

- Create an emergency back-up plan.

What is Kentucky Transitions?

Kentucky Transitions is a program developed by the Cabinet for Health and Family Services through a grant from the Centers for Medicare and Medicaid Services. The goal of Kentucky Transitions is to provide transition assistance and community supports to any resident of a nursing facility or ICF/MR who chooses to move back to the community. If you would like more information on Kentucky Transitions, please contact:

Kentucky Transitions  
275 East Main St. 6W-B  
Frankfort, KY 40621  

Phone: 502-564-0330  
Toll Free: 877-564-0330  
Fax: 502-564-0249

Making your choices our first priority.
What does Kentucky Transitions mean to me?

Many people living in facilities think that they don’t have the ability to move back into the community. People miss their old homes, or yearn to be a part of the social community again.

Kentucky Transitions makes it possible for elderly, disabled, those with intellectual disabilities or acquired brain injuries to transition back to living in the community.

The goal of Kentucky Transitions is for people to understand their choices and participate in choosing where they live and how they receive their services.

How does Kentucky Transitions work?

A local regional transition coordinator will assist each participant in developing every detail of a transition plan, including medical, housing, social, and personal care needs. Kentucky Transitions works with various state and community agencies to provide necessary supports. Transition services include locating safe, decent, and affordable housing.

Who will help after the transition?

When the participant moves into his community home, the regional transition team will be available to help the participant. The goal of Kentucky Transitions is to provide the supports the participant needs to make a successful move into the community.

Who is eligible for Kentucky Transitions?

Once the individual and/or their legal guardian indicate an interest in transition to the community, the individual must meet the following criteria:

- Have lived in a Nursing Facility or ICF/MR for at least 90 consecutive days;
- Is Medicaid eligible and has been receiving services through the Medicaid Program for at least one day and,
- Have the ability to live in the community with support and services.
- Your coordinator will be happy to discuss any exclusion with you.